

CAREGIVERU

A Program of AGE of Central Texas

Class Leader Selection Considerations

CaregiverU is a collaboration of more than 30 Central Texas non-profit agencies and community organizations, joining together to bring free classes offering support and resources to family members that are caring for an older loved one.

Classes are offered at no cost to participants. The courses are offered multiple times throughout the year at various locations in Travis, Williamson, Hays, and Bastrop counties.

Qualities of a Successful CaregiverU Class Leader:

- Strong commitment to serve family caregivers
- Compassion and understanding
- Ability to relate to people in an appropriate manner when discussing sensitive topics
- Comfortable in a leadership position requiring interaction and conversation
- Excellent communication and listening skills
- Experience in facilitating small groups
- Ability to work with a co-presenter
- Personal or professional experience in a family caregiving role
- Good organizational skills
- Willingness to learn new skills
- Knowledge of community resources
- Command of Spanish language is an asset, though not a requirement

Roles and Responsibilities of a CaregiverU Class Leader:

- Promote the class to ensure an appropriate number of participants attend the class
- Bring the program out into the community through current work at the Partner Agency
- Prepare handouts and materials for class series as specified in the curriculum
- Conduct class series with co-presenter
- Follow the curriculum without deviation
- Document the number of participants in the training
- Share evaluation results with the Program Director
- Work collaboratively with the Program Director and other collaboration partners
- Follow up as needed following the training
- Ensure all grant required participant surveys are completed
- Work with AGE Program Director to plan and coordinate all aspects of this project



For more information, contact:

AGE of Central Texas

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www.AGEofCentralTX.org

www.CaregiverUcentx.org

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